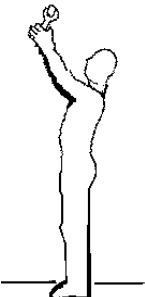
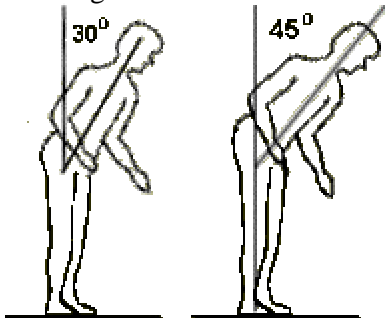
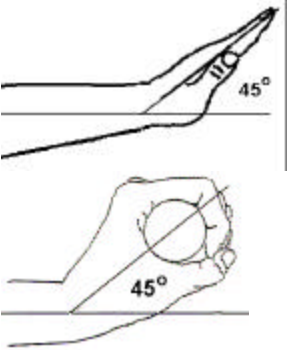
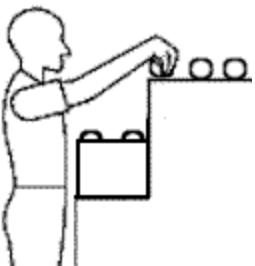

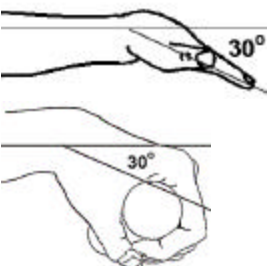
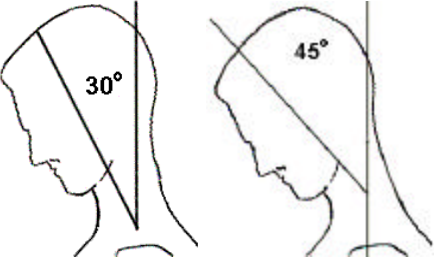

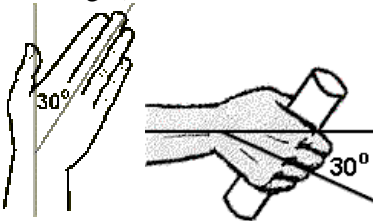


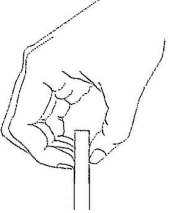
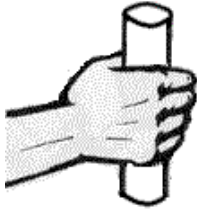
WAC 296-62-05172 Appendix A: Illustrations of physical risk factors

The following illustrations are provided as reference only. Some users of this rule may find the pictures aid their understanding of the text in WAC 296-62-05105.


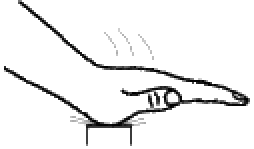
Awkward Postures

<p>Raising the hands above the head</p> 	<p>Bending the back</p> 	<p>Bending the wrist Extension</p> 
<p>Raising the elbows above the shoulders</p> 	<p>Squatting</p> 	<p>Flexion</p> 
<p>Bending the neck</p> 	<p>Kneeling</p> 	<p>Ulnar deviation (bent towards the little finger)</p> 

High Hand Force

<p>Pinching 2 lbs.</p> 	<p>Gripping 10 lbs.</p> 
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Repeated Impacts

<p>Using the knee as a hammer</p> 	<p>Using the hand as a hammer</p> 
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